2021 - 2022 ROSGUIDE

Anti-Bullying policy Het Rijnlands Lyceum Oegstgeest

We do not accept bullying at Het Rijnlands Lyceum Oegstgeest, which does not mean that we deny its existence. All members of the RLO community have the right to safe environment, to enable optimal academic and personal development. This is why this policy is not only aimed at dealing with the consequences of bullying, but especially the prevention of it, resulting in a code of conduct.

At RLO, we define bullying as the systematic abuse, physically or mentally, by a student or a group of students, toward another student who is unable to defend him- or herself. Bullying has the following features:

- It is deliberate
- It is done to cause harm
- The power balance is disturbed
- It is systematic
- It does not stop by itself

Cyber bullying

Unfortunately the Internet and increased interconnectedness provide many opportunities for bullying. Cyber bullying differs in certain ways from other types of bullying. Firstly, the relative anonymity in cyberspace makes a bully bolder. The chance of being caught is smaller. Secondly, cyber bullying is non-stop, and can continue into what used to be the safe place of home. Thirdly, what is in cyberspace is indelible, and can have a long-lasting effect.

APPROACH TO BULLYING AT HET RIJNLANDS LYCEUM OEGSTGEEST

Preventive:

in tutor classes regular anti bullying activities are organized. In MP 2, project week is devoted to cyber bullying awareness. All teachers and support staff are vigilant and create a safe environment in their classroom.

Incidental bullying:

tutor talks to both parties, first separately, then together, and comes to agreed way forward.

Repeated bullying:

- tutor reports incident to team leader
- tutor gives victim the possibility yo talk to confidentiality counsellor
- tutor discusses the issue in class and points out joint responsibility
- tutor discusses it again some time later
- tutor informs parents of both parties
- tutor informs subject teachers and support staff
- team leader talks to victim and bully and agrees a sanction with the bully
- team leader monitors bully and meets weekly

Persistent bullying: Grave misconduct procedure is initiated

ANTI BULLYING PROTOCOL HET RIJNLANDS LYCEUM OEGSTGEEST

- 1. I do not call anybody names or call him by a nickname within his or her consent
- 2. I do not judge about somebody too quickly
- 3. I do not exclude
- 4. I do not talk behind somebody's back
- 5. I accept others the way they are
- 6. I do not laugh at people or ridicule them
- 7. I respect other people's possessions
- 8. I respect other people and their opinions
- 9. I respect the way other people look and dress
- 10. If I observe bullying I will intervene or tell a responsible adult

If you feel bullied: talk about it at home or at school, do not keep it to yourself! Together we can find a way out.